Lots of kids will get a new smartphone with a built-in camera this Christmas...

Although they may not admit it, children are also worried about things that can happen by-phone.

Engaging with your kids can help build the confidence & resilience they need to cope.



For example, a regular sit down meal is a great way of encouraging kids to open up.



It allows them to chat more freely about things they like on their phones, as well as things they don't.

For kids who need extra help with new technology, *Parental Controls* can also be useful.

For example, the Parental Control SelfieCop teaches kids to use their phone's built-in camera safely.



SelfieCop reminds kids that any photos or videos they take may ultimately be seen by anyone.



SelfieCop also allows parents to monitor their child's images to help safeguard behaviour.

Download the SelfieCop apps for free at www.selfiecop.com



Download now at www.selfiecop.com

'SelfieCop is a useful tool to help parents safeguard their children's online activities.'

Andrew Jackson, AntiBullying Co-ordinator, ISPCC.

