

Week 1

Dates: 22/04/19: 13/05/19: 10/06/19: 01/07/19
22/07/19: 16/09/19: 07/10/19: 04/11/19

Monday

Beefburger & Gravy
Quorn Fajita (V)
Potato Swirls, Seasonal Vegetables
Fruit Yoghurt or Cheese & Crackers

Tuesday

Hot Dog in Bun with Ketchup
Cheese or Tomato Pasta Bake (V)
Baked Beans/ Salad /Seasonal
Vegetables
Cook's Fruit Muffin

Wednesday

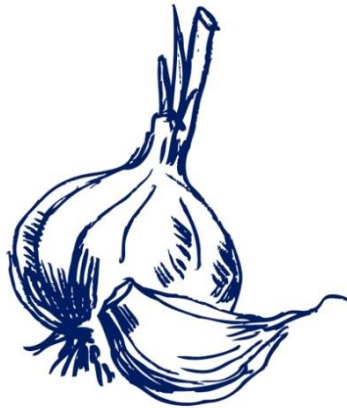
Roasted Pork Loin & Gravy
Salmon Fishcake
Roast Potatoes
Salad/Seasonal Vegetables
Fruit Yoghurt with Fruit Slices

Thursday

Chicken with BBQ Sauce & Cheddar
Sausage Roll (V)
Potato Rosti
Seasonal Vegetables
Choc Surprise Cake

Friday

Battered Fish
Home-made Pizza (V)
Chips, Peas; Sweetcorn
Fresh Fruit Salad with Ice Cream or
Organic Tropical Fruit Ice Lolly



Week 2

Dates: 29/04/19: 20/05/19: 17/06/19:
08/07/19: 02/09/19: 23/09/19: 14/10/19

Monday

FA Breaded Chicken Bites, Ketchup
Quorn & Vegetable Curry (V)
50:50 Rice, Herby Diced Potatoes
Seasonal Vegetables
Artic Roll with Melon Balls

Tuesday

Pork Meatballs with Gravy
Cheese or Tuna Melt Panini (V)
New Potatoes
Seasonal Vegetables
Fruit Yoghurt or Fruit Salad

Wednesday

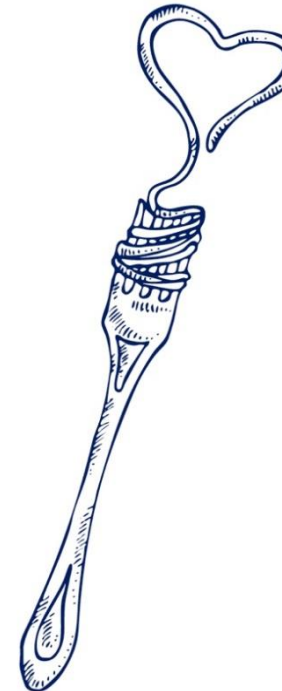
Roasted Chicken Breast, Stuffing &
Gravy
Quorn Sausage
Roast Potatoes, Seasonal Vegetables
Cook's Cookie of the day

Thursday

Shepherd's Pie or Hot Pot
Cheddar Cheese & Onion Quiche (V)
Seasonal Vegetables
Iced Lemon Sponge Cake

Friday

Battered Fish
Home-made Pizza (V)
Chips, Peas; Sweetcorn
Vanilla Raspberry Ripple Ice Cream



Week 3

Dates: 06/05/19: 03/06/19: 24/06/19: 15/07/19:
09/09/19: 30/09/19: 21/10/19

Monday

Chicken Curry, Naan Bread
50:50 Rice
Quorn Nuggets (V), Herby Diced Potatoes,
Seasonal Vegetables
Reduced Sugar Mini Donut

Tuesday

Pork Sausages & Onion Gravy
Cheese & Tomato Quesadilla (V)
Mashed Potatoes
Seasonal Vegetables
Fruit Jelly & Peaches

Wednesday

Roast Beef, Gravy & Yorkshire Pudding
Macaroni Cheese (V)
Roast Potatoes
Seasonal Vegetables
Home-made Shortbread Biscuit

Thursday

Spaghetti Bolognese & Garlic Bread
Quorn Burger on Bun (V)
Seasonal Vegetables
Cook's Fruit Muffin

Friday

Battered Fish
Home-made Pizza (V)
Chips, Peas; Sweetcorn
Fresh Fruit Salad with Ice Cream or
Organic Apple Fruit Ice Lolly